



THE FAIRWAY SPA



The Fairway Spa invites you to immerse yourself in our city oasis.

Dedicated to nourishing the mind, body and spirit our team will guide you through a journey of fulfilment – focused on your well being.

Separate men's and women's change rooms with Saunas provide privacy, while the lounge and outside relaxation areas offers a serene oasis for total relaxation.



SPA GUIDELINES

- * Please arrive 30 minutes prior to your appointment to allow time for your consultation and so that you may leisurely prepare for your treatment.
- * All time allocations include the dressing and undressing of the spa guest.
- * If a spa guest is late for their treatment the allocated time will be shortened accordingly.
- * Lockers are provided for your personal items and clothing.
- * Ensure cell phones are switched off.
- * Please bring your bathing costume along.
- * Please alert your therapist of any of the following: heart conditions, high blood pressure, muscle or joint injuries, pregnancy, diabetes, epilepsy, allergies to iodine or any other products, medication such as Roaccutane or Retin-A.
- * Advise your therapist on the preferred pressure for your massage.
- * Besides package prices, all other prices are per treatment.
- * The Fairway Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- * For any booking to be confirmed, your credit card details or a proof of payment is required.
- * No cash refunds for products / gift vouchers purchased or services rendered.

Gift Vouchers

Gift vouchers are available for random amount purchases, a particular service or spa package, and are an ideal gift for any special occasion. No treatments will be performed without presentation of your gift voucher. Should there be a difference in price – the client would need to pay the balance. Failure to produce your tan can session card will result in you not being able to use the tan can.

Cancellation Policy

Late arrival will result in a shortened appointment with the full fee being applicable. Therapists are tightly scheduled and booked specifically for you. Given this, we require credit card details when the booking takes place. 24 Hour notice for cancellations / rescheduling is required, or 50% of the treatment price will be charged for. Spa packages must be paid for on confirmation. Gift voucher package bookings not cancelled / rescheduled 24 hours prior will result in the gift voucher being null and void. Voucher numbers are required when booking.

Dual Treatments

The Fairway Spa offers a specially designed treatment room for couples and friends to enjoy treatments together – please be sure to pre-book this unique experience. Enjoy our group treatment room which boasts 5 treatment beds and your very own private 8 seater Jacuzzi.

Spa Cuisine

A Spa lunch and beverage menu is available for your enjoyment.

Spa Facilities

Throughout your day with us enjoy your time between treatments in our outdoor pool, sauna, roof top relaxation area and lounge or book one of our signature hydrotherapy treatments.

Massage Therapy

- Back & Neck Anti-Stress - 30 min R260
Relieves tension in the neck and back
- Swedish Body Massage - 60 min R450
This popular body massage is tailored to your individual needs, which Re-energizes and rejuvenates
- Shea Butter Body Massage - 60 min R470
An Aromatherapy blended Shea butter massage medium is applied to provide a completely soothing massage experience
- Hot Stone Full Body Massage - 60 min R510
Combining the warmth of heated stones and your therapists' trained hands this massage improves circulation and calms the nervous system
- Deep Tissue Massage - 60 min R530
This massage is aimed at the deeper tissue structures of the muscles
- Hot Stone Back Neck and Shoulder Massage - 30min R350
Heated stones sooth the tension held in the back, neck and shoulder area
- Pre- Natal Massage - 60 min R410
A specialized massage for expectant mothers
- The Fairway Scalp and Neck Massage - 20 min R190
Experience a vital awakening. Retreat to where serenity reigns and allow compassionate hands and a blend of aromatic oils to create total relaxation
- Tired Feet & Legs - 30 min R210
A deep, stimulating massage for feet and legs, that leaves one feeling relaxed and soothed
- Reflexology Treatment - 45 min R290
A pressure point foot massage, which focuses on restoring the bodies energy flow

Body Treatments and Wraps for Men & Women

- Body Polish - 30 min R250
Skin exfoliation improves skin's appearance by removing all dead skin cells. Exfoliation reveals soft, supple skin
- Polish and Relax - 90 min R630
This treatment includes a full body exfoliation and shea butter full body massage
- Back Cleanser - 45 min R470
This treatment is equivalent to a facial for your back. Cleanse and exfoliate dull looking skin away. Aromatic products soften, moisturize and revitalize the unreachable areas of your back. Finish with a relaxing back massage
- Anti Cellulite Treatment - 90 min R650
This body treatment smooths, firms and tones the skin

Facial Treatments

Our facial treatments are formulated for a wide range of skin types, for both male and female guests

Six Sensational Skincare

Express Skin Care - 30 min R250
An introductory facial that includes a cleanse, exfoliation, mask and moisturize (Includes scalp massage)

Timeless Facial Ritual - 60 min R360
This classic facial experience is a spa sensory journey which will restore luminosity to the skin and calm the senses (includes scalp, hand and neck massage)

Pamper and Relax Facial Ritual - 90min R590
This treatment combines an indulgent hot oil back massage with a rejuvenating, revitalizing, facial that includes a double facial exfoliation, hand treatment and facial massage.

Dermalogica

Core Skin Treatment - 60min R395
Dermalogica's Skin Treatment is 100% customised to your skin's needs. This skin treatment is ideal for ladies or men who wish to achieve a healthy and deep cleansed skin

Advanced Skin Treatment - 75min R470
Dermalogica's Advanced Skin Treatments are designed to target your specific skin conditions. Following a detailed skin analysis the therapist will perform the most effective treatment for you

Specific treatments include:

- AGE Smart skin treatment (the intelligent investment in your skin)
- Ultra calming skin treatment (serious relief for sensitive skin)



Beauty Extras

Waxing

Full leg	R210
Half leg	R160
Lip and chin	R65
Eyebrows	R60
Underarm or half arm	R90
Full arm	R130
Standard bikini	R150
G string	R170
Brazilian	R190
Hollywood	R250
Men's wax Chest or back	R195

Tinting & Shaping

Eye lash tint	R50
Eye brow	R50
Lash and brow tint	R90
Tint and shape	R100

Hands & Feet

Hands on – Manicures

Classic - 60 min	R200
Deluxe manicure - 75min (includes paraffin treatment)	R250
French - 60 min	R230
Shape & Paint - 20 min	R90

A step in the right direction – Pedicures

Classic - 60 min	R230
French - 60 min	R250
Deluxe Pedicure - 90 min (includes paraffin treatment)	R290
Shape & Paint - 20 min	R95

Nail Enhancements (Acrylic price on request)

Gel colour-hands - 30 min (includes file and cuticle care)	R230
Classic manicure & gel colour - 75 min	R280
French gel colour	add R20
Gel colour - feet - 60 min (includes file and cuticle care)	R290
Classic pedicure & gel colour - 75 min	R350
French gel colour	add R20
Gel removal - 30min	R95

Body Bronzing - Tan can

Per session	R40
10x sessions	R320

Hydro Therapy

Rasul Chamber - 45 min	R300
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A traditional Arabian cleansing ritual, that takes place in an exotic steam chamber. The treatment begins with the application of therapeutic mud that cocoons the body, gently exfoliating the skin, drawing out impurities and infusing the skin with rich nutrients. You will soon begin to feel the benefits of this treatment as you inhale steam infused with essential oils. At the end of the session, the ceiling will open up to provide a gentle, soft rain to loosen and cleanse the mud from your body.

Spa Jacuzzi - 20 min R80 per person
The high-performance Jacuzzi helps to give the water a special touch, leaving you instantly refreshed and rejuvenated. The use of the Jacuzzi is complimentary when having additional treatments.

Hydrotherapy Bath - 20 min R95 per person
Immerse yourself in a hydrotherapy bath with additives of your choice:
- Detoxifying & Invigorating
- Relaxing & Soothing Sauna

Sauna - 20 min
The Sauna is beneficial in flushing out toxins and disease and maintaining optimal physical and mental health. The use of the sauna is complimentary when having additional treatments.

Flotation Tank - 20 min
Extraordinarily deep relaxation of the body and mind is a result of the removal of the external sensations of light, sound, touch, gravity and temperature. An unbelievably soothing experience. Use of the Flotation tank is complimentary when having additional treatments

The Fairway Spa Day Packages

The Fairway Journey

5 hours R1 410 per person

Package includes:

Rasul chamber

Timeless facial ritual

Shea butter Full body massage

Classic manicure

Classic pedicure

Spa lunch (includes main meal and beverage)

Spa'velous Fairway Escape

3.30min R830 per person

Package includes:

Jacuzzi session

Back and neck anti stress

Classic manicure

Classic pedicure

Spa lunch (includes main meal and beverage)

The Fairway Morning Retreat

3 hours R960 per person

Package includes:

Smoothie and Seasonal fruit platter with Bulgarian yogurt

Hydra bath

Hot stone full body massage

Reflexology ritual

Fairway scalp and neck massage

Mother-to-be Day Escape

3.30 hours R790 per person

Package includes:

Pre-natal massage

Classic manicure

Classic pedicure

Spa lunch (includes main meal and beverage)

Just for Gents

3 hours

R995 per person

Package includes:

Hot stone full body massage

Gents pedicure and reflexology combo

Express facial

The Fairway Stay Over Retreat

Option 1

4 hours

R2170 per person

Package includes:

Hydra bath

Polish and Relax (full body exfoliation and shea butter full body massage)

Timeless Facial ritual

Reflexology ritual

Spa lunch (includes main meal and one beverage)

Overnight stay in a premier room

Full English breakfast

Option 2

2 hours 45 min

R1950 per person

Package includes:

Rasul chamber

Hot stone Back neck and shoulder massage

Timeless facial ritual

Tired legs and feet

Overnight stay in a premier room

Full English breakfast



Trading Hours
Monday to Saturday 9am to 6pm
Sundays 9am to 3pm
Public holidays 9am to 2pm
Closed Christmas Day and Easter Sunday



THE FAIRWAY SPA

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